



## **FRUIT AND VEGETABLE PROCESSING Level II**

Based on October 2019, Version 2 Occupational standards (OS)

**Module Title: - Operating Drying Process**

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LG #58

## LO #1- Prepare the drying process for operation

### Instruction sheet

This learning guide is developed to provide you the necessary information regarding the following content coverage and topics:

- Confirming available materials
- Confirming services
- Checking equipment performance
- Setting drying methods for fruit and vegetables

This guide will also assist you to attain the learning outcomes stated in the cover page. Specifically, upon completion of this learning guide, **you will be able to:**

- Confirm available materials
- Confirm services



- Check equipment performance
- Set drying methods for fruit and vegetables

**Learning Instructions:**

1. Read the specific objectives of this Learning Guide.
2. Follow the instructions described below.
3. Read the information written in the “Information Sheets”. Try to understand what are being discussed. Ask your trainer for assistance if you have hard time understanding them.
4. Accomplish the “Self-checks” which are placed following all information sheets.
5. Ask from your trainer the key to correction (key answers) or you can request your trainer to correct your work. (You are to get the key answer only after you finished answering the Self-checks).

**Information Sheet 1- Confirming available materials****1.1 Introduction.**

The drying process is the removal of water or other liquids from gases, liquids, or solids. Most commonly, the term “drying” refers to the removal of water or other volatile



substances from additives by thermal methods. The aim of drying is to reduce the volume and the weight to facilitate transportation, to sterilize the products, and to produce materials that provide the desired conditions. In terms of energy saving, the major percentage of energy consumption in many industries is formed by the energy consumed for drying processes. With the usage of new technologies it is possible to save a considerable amount of energy. The main factor to be taken into consideration when selecting a drying process and a dryer is to use minimum energy and a maximum drying rate to obtain the product with the desired qualities. Microwave drying is an alternative drying method that provides advantages such as high heat conduction to the inner parts of the dried material, cleaning, energy gain, easy.

Air drying following osmotic dipping is commonly used in tropical countries for the production of so-called "semi-candied" dried fruits. The sugar uptake, owing to the protective action of the saccharides, limits or avoids the use of SO<sub>2</sub> and increases the stability of pigments during processing and subsequent storage period.

The organoleptic qualities of the end product could also be improved because some of the acids are removed from the fruit during the osmotic bath, so a blander and sweeter product than ordinary dried fruits is obtained. Owing to weight and volume reduction, loading of the dryer can be increased 2-3 times.

## **1.2. Fruit and vegetable drying additives and agents.**

Chemical food preservatives are those substances which are added in very low quantities (up to 0.2%) and which do not alter the organoleptic and physico-chemical properties of the foods at or only very little. Preservation of food products containing chemical food preservatives is usually based on the combined or synergistic activity of several additives, intrinsic product parameters (e.g. composition, acidity, water activity) and extrinsic factors (e.g. processing temperature, storage atmosphere and temperature)

This approach minimizes undesirable changes in product properties and reduces concentration of additives and extent of processing treatments. The concept of combinations of preservatives and treatments to preserve foods is frequently called the hurdle or barrier concept. Combinations of additives and preservatives systems provide



unlimited preservation alternatives for applications in food products to meet consumer demands for healthy and safe foods.

Chemical food preservatives are applied to foods as direct additives during processing, or develop by themselves during processes such as fermentation. Certain preservatives have been used either accidentally or intentionally for centuries, and include sodium chloride (common salt), sugar, acids, alcohols and components of smoke. In addition to preservation, these compounds contribute to the quality and identity of the products, and are applied through processing procedures such as salting, curing, fermentation and smoking.

Traditional chemical food preservatives and their use in fruit and vegetable processing technologies could be summarized as follows:

- common salt: brined vegetables;
- sugars (sucrose, glucose, fructose and syrups):
- foods preserved by high sugar concentrations: jellies, preserves, syrups, juice concentrates;
- interaction of sugar with other ingredients or processes such as drying and heating;
- indirect food preservation by sugar in products where fermentation is important (naturally acidified pickles and sauerkraut)

**Lactic acid:** This acid is the main product of many food fermentations; it is formed by microbial degradation of sugars in products such as sauerkraut and pickles. The acid produced in such fermentations decreases the pH to levels unfavorable for growth of spoilage organisms such as putrefactive anaerobes and butyric-acid-producing bacteria. Yeasts and moulds that can grow at such pH levels can be controlled by the inclusion of other preservatives such as sorbet and benzoate.

**Acetic acid:** Acetic acid is a general preservative inhibiting many species of bacteria, yeasts and to a lesser extent moulds. It is also a product of the lactic-acid fermentation,



and its preservative action even at identical pH levels is greater than that of lactic acid. The main applications of vinegar (acetic acid) includes products such as pickles, sauces and ketchup.

**Benzoic acid:** in the form of its sodium salt, constitutes one of the most common chemical food preservative. Sodium benzoate is a common preservative in acid or acidified foods such as fruit juices, syrups, jams and jellies, sauerkraut, pickles, preserves, fruit cocktails, etc. Yeasts are inhibited by benzoate to a greater extent than are moulds and bacteria.

**Other acidulates:**

- ✓ Citric acid: fruit juices; jams; other sugar preserves;
- ✓ Acetic acid: vegetable pickles; other vegetable products;
- ✓ Sodium benzoate: vegetable pickles; preserves; jams; jellies; semi-processed products;
- ✓ Sodium propionate: fruits; vegetables;
- ✓ Potassium sorbate: fruits; vegetables; pickled products; jams, jellies;
- ✓ Methyl paraben: fruit products; pickles; preserves;
- ✓ Sulphur dioxide: fruit juices; dried / dehydrated fruits and vegetables; semi-processed products.
- ✓ **Malic and tartaric** (tartaric) acids is used in some countries mainly to acidify and preserve fruit sugar preserves, jams, jellies, etc.
- ✓ **Citric acid** is the main acid found naturally in citrus fruits; it is widely used (in carbonated beverages) and as an acidifying agent of foods because of its unique flavour properties. It has an unlimited acceptable daily intake and is highly soluble in water. It is a less effective antimicrobial agent than other acids.

### 1.3 Fruit and vegetable to be dried

Food	Preparation for Drying
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<b>Fruits</b>	
Apples	Pare, core and cut into 1/8-inch slices or rings. Pretreat dipping for 2 minutes.
Bananas	Peel, cut into 1/4-inch slices. Dip in 1/2 cup pineapple juice mixed with 1/4 cup honey.
Berries	Leave whole, except slice strawberries in half.
Cherries (any kind)	Remove stems and pits. If juicy, drain 1 hour.
Grapes	Leave whole, remove stems. Dip in boiling water to crack skins.
Peaches and apricots	Peel if desired, remove pits, slice. Pretreat dipping solution.
Pears	Pare and remove core and woody tissue. Cut into 1/4-inch slices or rings, or into quarters or eighths. Pretreat dipping solution.
Pineapple	Peel, core and slice 1/2-inch thick.
Plums	Same as prunes. Use freestone varieties. Pretreat.
Prunes	Cut in halves and remove pits or leave whole. <i>Halves</i> : No pretreatment. <i>Whole</i> : To soften and crack skins and to help fruit dry better, hold in steam or boiling water for 2 minutes.
Beans, green and lima	Shell. Steam 15–20 minutes, or until tender but firm.
Beans, snap	Trim and slice lengthwise (or cut in 1-inch pieces). Steam about 3–5 minutes, or until tender but firm. Spread about 1/2-inch deep on trays.
Beets	Trim off all but 1 inch of tops and roots. Steam whole about 30–60 minutes, depending on size, or until cooked through. Cool and peel. Cut in 1/4-inch cubes, or slice 1/8-inch thick. Spread not more than 1/4-inch deep on trays.
Broccoli	Trim, slice lengthwise in 1/2-inch strips. Steam 10 minutes or until tender but firm.
Cabbage	Trim, cut into 1/8-inch thick strips. Steam 5–10 minutes, or until tender but firm. Spread evenly to a depth of not more than 1 inch. Pretreat with lemon juice.



Carrots	Scrape or peel. Slice crosswise $\frac{1}{8}$ -inch thick, or dice in $\frac{1}{4}$ -inch cubes. Steam small pieces 3 minutes (or shred before steaming). Spread in thin layer on trays.
Celery	Remove leaves, cut stalks into $\frac{1}{2}$ -inch pieces. Water blanch 1 to 2 minutes or until tender. Stir occasionally during drying.
Corn	Husk and trim. Blanch whole ears 9 minutes. For medium or raw kernels, blanch 3–5 minutes. Cut corn from cob after blanching.
Eggplant	Peel and slice $\frac{1}{8}$ - to $\frac{1}{4}$ -inch thick. Dip in lemon juice solution for 5 minutes or steam 5 minutes (or until tender).
Greens	Trim off tough stems. Steam 5 minutes or until tender. Spread leaves that mat, such as spinach, about $\frac{1}{4}$ -inch deep.
Mushrooms	Peel the larger mushrooms. Dry whole or slice, depending on size. No precooking necessary. If stems are tender, slice for drying; if tough, discard. Spread on trays.
Onions	Peel, slice into $\frac{1}{8}$ -inch rings. Blanch 1 minute. If dried for seasoning, do not steam.
Peas, green	Steam shelled peas 3 minutes or until tender. Stir during drying.
Peppers (all kinds) and pimentos	Cut into $\frac{1}{2}$ -inch strips or rings. Remove seeds. Steam 10 minutes. Spread rings 2 layers deep; spread strips not more than $\frac{1}{2}$ -inch deep.
Pumpkin and winter squash	Quarter, remove seeds and pit, cut in 1-inch strips and peel. Slice strips crosswise $\frac{1}{4}$ -inch thick. Bake at 300°F until soft. Place in dehydrator.
Soybeans, edible green	Blanch pods in steam 10–15 minutes, or until beans are tender but firm. Shell.
Squash, summer and zucchini	Trim, slice $\frac{1}{4}$ -inch thick without peeling and steam 6 minutes or until just tender. Pretreat optional.



<b>Self-Check #1</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Part I: write short answer/s (6 points)**

1. write the Fruit and vegetable drying additives and agents
2. list out Fruit and vegetable to be dried



**Note: Satisfactory rating –6points**

**Unsatisfactory - below 6 points**

## **Information Sheet 2- Confirming services**

### **1.1. Services fruit and vegetable drying process**

#### **Water**

Potable water is essential in all fruit and vegetable processing, as an ingredient in some products and for washing down equipment. An adequate supply of potable water should be available from taps in the processing room. If there is no mains supply, or if the mains supply is unreliable or contaminated, water from boreholes is likely to be relatively free from microorganisms, but it may be contaminated with sand. River water is likely to be contaminated and should only be used if no other source is available



If necessary, water should be treated to remove micro-organisms. There are four ways of treating water at a small scale: by filtration; by heating; by ultra-violet light and by chemical sterilants, such as hypochlorite (also known as 'chlorine solution' or 'bleach'). Domestic water filters are too slow for the large amounts of water required and other water treatment methods are likely to be too expensive for small-scale producers

**Steam quality:** Steam also comes into contact with fruits and vegetables in some processing operations. These include some lye-peeling systems, steam-heated exhaust boxes, steam-flow closers, steam blanchers, and water blanchers which are heated by direct injection of steam. Quality control staff should determine that either the steam that comes into contact with the product is not contaminated by boiler additives or that the additives are not harmful, or both. Quality control staff should also ensure that condensate and the products of corrosion that may accumulate in the pipework of the steam distribution system during shut-downs are removed by purging the system before food processing operations start. It is also important to determine that steam traps and strainers are maintained in good condition to help ensure that clean steam is delivered to processing points. Containers, labels and packaging materials

<b>Self-Check #2</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: write short answer/s (10points)**



1. what is uses of steam in fruit and vegetable processing plant?
2. List out all services used for fruit and vegetable drying processing?

**Note: Satisfactory rating –10 points**

**Unsatisfactory - below 10 points**

### **Information Sheet 3- Check equipment performance**

#### **3.1 Introduction**

The apparatus for drying must operate continuously so as to provide sufficient capacity to handle daily, large quantities of the fruits or vegetables to be dried. Furthermore the drying operation must be so efficient in its removal of moisture from the fruits and vegetables as to prevent future decay or freezing in the packaging or storing of such foodstuffs.



The fruits and vegetables, such drying function being accomplished by the absorbent characteristic of the conveyer material in its contact with the fruits and vegetables that are supported and conveyed thereby. The drying process is the removal of water or other liquids from gases, liquids, or solids. Most commonly, the term “drying” refers to the removal of water or other volatile substances from additives by thermal methods. The aim of drying is to reduce the volume and the weight to facilitate transportation, to sterilize the products, and to produce materials that provide the desired conditions. In terms of energy saving, the major percentage of energy consumption in many industries is formed by the energy consumed for drying processes. With the usage of new technologies it is possible to save a considerable amount of energy. The main factor to be taken into consideration when selecting a drying process and a dryer is to use minimum energy and a maximum drying rate to obtain the product with the desired qualities [Microwaves are electromagnetic waves in the frequency range of 300 MHz to 300 GHz . The heating effect of the microwave can be explained as the ingestion of energy by a dielectric material and then an increase in the temperature as the result of the absorption of this material. There are two important mechanisms Ionic polarization and dipole rotation That explain the heat consumption in the microwave field. Microwave drying is an alternative drying method that provides advantages such as high heat conduction to the inner parts of the dried material, cleaning, energy gain, easy. Process control and a quick start and termination of the drying process.

The main cause of spray drying is to increase the shelf life and easy handling of juices. In the present paper, the studies carried out so far on spray drying of various fruits and vegetables are reported. The major fruit juices dried are mango, banana, orange, guava, bayberry, watermelon, pineapple, etc. However, study on vegetable juices is limited. In spray drying, the major optimized parameters are inlet air temperature, relative humidity of air, outlet air temperature, and atomizer speed that are given for a particular study. The juices in spray drying require addition of drying agents that include matlodextrin, liquid glucose, etc. The drying agents are added to increase the glass transition temperature.



Fig3.1 Industrial spray dryer

<b>Self-Check #3</b>	Written Test
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Name..... ID..... Date.....





**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: write short answer/s (10 points)**

1. What is the main performance of drying equipment ?
2. The main factor to be taken into consideration when selecting a drying process and a dryer.....?

**Note:** Satisfactory rating –10 points

Unsatisfactory - below 10 points

## Information Sheet 4- Setting drying methods for fruit and vegetables

### 1.1 Drying methods

Drying is the oldest method of preserving food. Throughout history, the sun, the wind and a smoky fire were used to remove water from fruits, meats, grains and



herbs. By definition, food dehydration is the process of removing water from food by circulating hot air through it, which prohibits the growth of enzymes and bacteria. Dried foods are tasty, nutritious, lightweight, easy to prepare and easy to store and use. The energy input is less than what is needed to freeze or can, and the storage space is minimal compared with that needed for canning jars and freezer containers.

## 1.2. Types of Drying

Basically, drying can be done by two processes viz. natural drying and mechanical dehydration or artificial drying based on source of energy. Natural drying takes place under the influence of sunlight and wind and is of three types viz. sun, solar and shade drying. In natural drying there is no control over temperature, air flow and humidity whereas in artificial drying, these conditions are well controlled.

**Solar drying** utilizes a collector, which traps heat and makes it possible to dry foods in any climate. The collector is a specially designed covered box that increases the drying temperature and maximizes air circulation. You can find online articles on solar food drying, including plans for building solar dryers at [builditsolar.com](http://builditsolar.com).





Fig4.1 Solar dryer

**Oven drying** uses a conventional gas or electric oven. It is a good choice if you want to do occasional drying or are drying for the first time. Caution: the oven-drying method is not safe in a home with small children.



Fig4.2 Oven dreyer

**An electric food-dehydrator** can consistently produce a quality product and is easier than other methods. You can purchase a basic model for as little as \$50, which is a good choice for first-time users or those who want to dry foods occasionally or in small amounts.

**Freezer Method** - Seal the food in freezer-type plastic bags. Place the bags in a freezer set at 0°F or below and leave them at least 48 hours. Freeze-drying process is carried out in a closed low temperature environment, completely separated from air dust bacteria and other pollution materials. There are almost no changes from raw materials to dried materials. The obvious advantages are:



Fig4.3. Freezer dryer

### **Atomization**

Atomization is the most important stage in spray-drying process, which converts the fluid feed into tiny droplets/particles. Due to the subsequent reduction in particle size and dispersion of the particles in the drying gas, the surface area of the particles increases exponentially. This increment in surface area of the particles helps to dry the feed in seconds. With the small size of droplets and the even distribution of the fluid feed, the moisture removal occurs without disturbing the integrity of the material. The atomization is achieved by atomizers which are generally classified as rotary atomizers, pressure nozzles, pneumatic nozzles and sonic nozzles. Atomizers are selected based upon the feed which needs to be dried and targeted final properties of the dried product as well as the particle size.

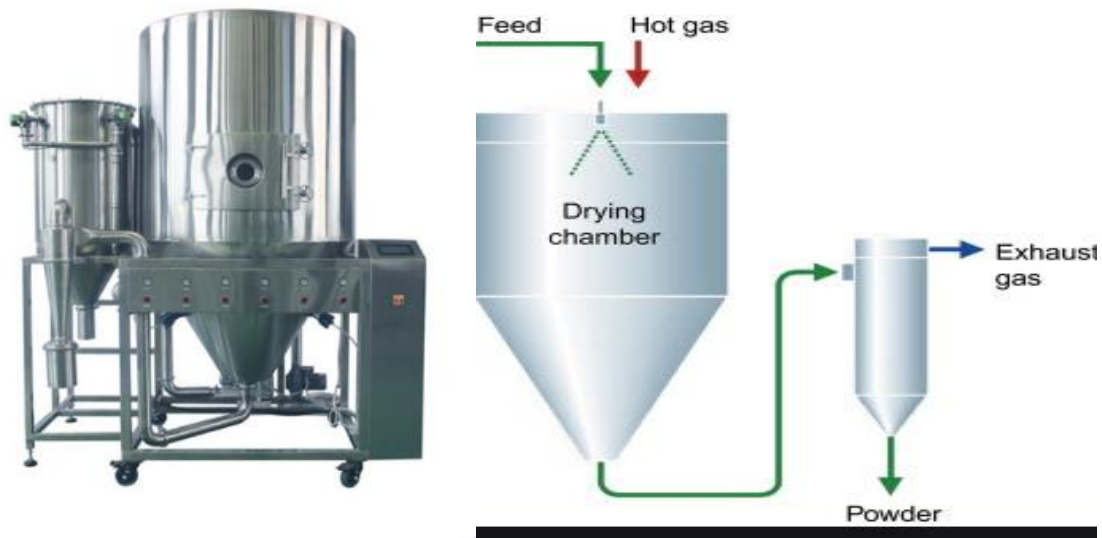


Fig4.5 Atomization dryer

### Hot air drying

Atmospheric air is generally used as a drying medium in spray-drying process. During the spray-drying process, the atmospheric air is filtered through a filtering system and subsequently preheated according to the operating parameters. Sometimes, nitrogen or other inert gases are also used based upon the feed being dried and its instability, or sensitivity to oxygen. The drying of feed droplets after they come in contact with drying medium in a spray-drying process is a result of simultaneous heat and mass transfer. The heat from the drying medium is transferred to droplets by convection and then converted to latent heat during the evaporation of the droplet's moisture content. The rate of heat and mass transfer depends upon the droplet diameter and the relative velocity of the air and droplets. The initial drying period starts in spray-drying once the droplet comes in contact with the drying medium. This is followed by the falling rate period where the rate of drying begins to decrease, and the period ends once the droplets reach their critical moisture content.





<b>Self-Check #4</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: write short answer/s (10 points)**

1. what is Atomization drying equipment operation ?
2. The main dryer types for fruit and vegetable processing?

**Note: Satisfactory rating –10 points**

**Unsatisfactory - below 10 points**



LG #59

## LO #2- Operate and monitor the drying process

### Instruction sheet

This learning guide is developed to provide you the necessary information regarding the following content coverage and topics:

- Starting up the drying process
- Monitoring control points
- Maintaining performance
- Drying product
- Monitoring drying equipment
- Identifying and reporting out-of-specification product and process equipment
- Monitoring and clearing waste

This guide will also assist you to attain the learning outcomes stated in the cover page.

Specifically, upon completion of this learning guide, **you will be able to:**

- Start up the drying process
- Monitor control points and drying equipment
- Maintain performance within specification
- Dry product
- Identify and report out-of-specification.
- Monitor and clear waste.

**Learning Instructions:**





1. Read the specific objectives of this Learning Guide.
- 2 Follow the instructions described below.
- 3 Read the information written in the “Information Sheets”. Try to understand what are being discussed. Ask your trainer for assistance if you have hard time understanding them.
- 4 Accomplish the “Self-checks” which are placed following all information sheets.
- 5 Ask from your trainer the key to correction (key answers) or you can request your trainer to correct your work. (You are to get the key answer only after you finished answering the Self-checks).
- 6 If you earned a satisfactory evaluation proceed to “Operation sheets
- 7 Perform “the Learning activity performance test” which is placed following “Operation sheets” ,
- 8 If your performance is satisfactory proceed to the next learning guide,
- 9 If your performance is unsatisfactory, see your trainer for further instructions or go back to “Operation sheets”.



## Information Sheet 1- Starting up the drying process

### 1.1. Preparing Fruit and vegetable for Drying

Select ripe fruit for drying. For best results, use fresh produce, free from blemish and mold. Even slicing of food allows the dry air to circulate and dry the surface area of the food first. Cut foods into  $\frac{1}{8}$ -inch to  $\frac{1}{2}$ -inch slices. The higher the water content, the larger you should make the slice size. Small slices of high-moisture foods such as watermelon would disappear when all the moisture has evaporated.

Peel fruits and vegetables, including bananas, melons, winter squash, and other fruits and vegetables. Some foods such as apples or tomatoes may be dried with the peel on, but realize that unpeeled fruit takes longer to dry. Whole fruits and vegetables can be dried, but time and attention will be required for a successful product. Before drying, place them in boiling water and then in cold water to crack the skin. This process is referred to as "checking" the product and will hasten the drying process.

#### Pretreatment for Fruits

Pretreatments are recommended techniques used to make quality products. Pretreatments not only prevent darkening and improve quality; they also cause the destruction of pathogens that could cause foodborne illness such as *Escherichia coli* O157:H7, *Salmonella* species and *Listeria monocytogenes*. Pretreatments include dipping, blanching, cooking or candying.

*Dipping* prevents oxidation or color changes in fruits and vegetables. Dipping fruits in ascorbic acid (vitamin C) is one of the safest ways to prevent fruit from turning brown, but its effects may not last as long as sulfuring. *Commercial fresh fruit stabilizers* or mixtures can also be used, but they might not be as effective and most are more costly.

*Fruit juices* can also be used. Dip fruits in pineapple or orange juice or other high vitamin C fruit. Remember each fruit will also lend its flavor as fruits soak for 3–5



minutes. Drain well and place on dryer trays. Use twice before placing, and the juice is still safe to use in other drinks or recipes.

*Sodium sulfite* is another commercial product for pretreating foods. Sodium metabisulfite is available at many wine supply shops or some pharmacies. Stir 1 tablespoon of sodium metabisulfite into 1 quart of cold water. Allow fruit to soak 10–15 minutes, then drain and place on dryer trays. This solution is only good for one dip; remake for more than one use

*Steam blanching* can be used, but the flavor and texture of the fruit might change. This process is the same as for vegetables. Bring water to a boil. Place produce in a basket not over 2 inches deep, over the boiling water. Cover tightly with a lid and blanch according to

#### 1.1.1 Preparation for Vegetables

Generally speaking, vegetables are great to dry because they contain less acid than fruits and can be dried until they are brittle. When properly dried, vegetables contain only 10 percent moisture, and no known microorganisms can grow at that level. Wash, peel and trim produce; then, cut into pieces for drying (could be slices, sticks, cubes or shredded), taking care to remove any tough or "woody" part of the item. Even pieces are one secret to successful drying, as all will dry at the same rate. Only prepare what can be dried at one time.

**Blanching** is recommended for vegetables, as it stops the enzyme action that controls the color and flavor during storage. It also helps to decrease the drying time and cooking time at the other end because the tissue walls of the produce have been relaxed and moisture can escape and re-enter more easily. Boiling water blanching or steam blanching are both effective, but steam blanching is more time consuming.

Water blanch vegetables by submerging them in a wire basket into a pot of boiling water for the designated time.

After blanching, cool quickly in an ice water bath; then, drain and place in a single layer on the drying tray. It's OK if the vegetables are still warm; that will



hasten the drying process. As with fruits, pay attention to the end of the drying time so the product does not scorch.

**Sulfuring:** Sulfuring is an old method of pretreating fruits. Sublimed sulfur is ignited and burned in an enclosed box with the fruit. The sulfur fumes penetrate the fruit and act as a pretreatment by retarding spoilage and darkening of the fruit. Fruits must be sulfured out-of-doors where there is adequate air circulation. (For more information contact your county Extension office.)

**Sulfite Dip:** Sulfite dips can achieve the same long-term anti-darkening effect as sulfuring, but more quickly and easily. Either sodium bisulfite, sodium sulfite or sodium meta-bisulfite that are USP (food grade) or Reagent grade (pure) can be used.

## 1.2 Leather from Fresh Fruit

1. Select ripe or slightly overripe fruit.
2. Wash fresh fruit or berries in cool water.
3. Remove peel, seeds and stem.
4. Cut fruit into chunks.
5. Use 2 cups of fruit for each 13" x 15" inch fruit leather.
6. Purée fruit until smooth.
7. Add 2 teaspoons of lemon juice or 1/8 teaspoon ascorbic acid (375 mg) for each 2 cups of light colored fruit to prevent darkening.
8. Optional: To sweeten, add corn syrup, honey or sugar. Corn syrup or honey is best for longer storage because it prevents crystals. Sugar is fine for immediate use or short storage. Use 1/4 to 1/2 cup sugar, corn syrup or honey for each 2 cups of fruit. Saccharin-based sweeteners could also be used to reduce tartness without adding calories. Aspartame sweeteners may lose sweetness during drying.

### Drying the Leather

For drying in the oven or sun, line cookie sheets with plastic wrap. In a dehydrator, use plastic wrap or the specially designed plastic sheets that come with the dehydrator. Pour the leather onto the lined cookie sheets or tray. Spread it evenly to a thickness of 1/8 inch.



Dry the fruit leather at 140° F until no indentation is left when you touch the center with your finger. This could take about 6 to 8 hours in the dehydrator, up to 18 hours in the oven and 1 to 2 days in the sun. While still warm, peel from the plastic wrap. Cool and rewrap in plastic and store. rodent proof. Fruit that has been sulfured or sulfited should not touch metal. Place the fruit in a plastic bag before storing it in a metal can. Dried food should be stored in a cool, dry, dark place. Most dried fruits can be stored for 1 year at 60° F, 6 months at 80° F. Dried vegetables have about half the shelf-life of fruits. Fruit leathers should keep for up to 1 month at room temperature. To store any dried product longer, place it in the freezer.

Dried Fruits using a dehydrator

1. Wash fruit and pick through to choose only fully ripe, unblemished fruit.
2. Large strawberries and figs may be halved, quartered, or sliced. Leave other berries whole (such as raspberries and blueberries). Cherries may be pitted or unfitted. Steam-blanch firm-skinned berries and fruits such as blueberries, cherries, and figs to “check” their skins and ensure thorough drying. Pretreat light-colored fruits for browning such as Royal Anne cherries and green figs. Spread on towel lined trays to remove excess moisture.
3. Preheat an oven or food dehydrator to 130°F to 140°F. Place fruit on drying trays.
4. Dry until shriveled and leathery for snacking, or brittle for longer storage.
5. Cool 30 minutes, or until no longer warm. Remove from drying trays. Store in an airtight container in a cool, dry place.

2.3 Dried Chopped Vegetables using a dehydrator

1. Wash vegetables. Peel and trim as needed. Cut in serving-size pieces and steam-blanch to inactivate enzymes and improve storage quality. Spread on towel-lined trays to remove excess moisture.
2. Preheat an oven or food dehydrator to 130°F to 140°F. Place vegetables on drying trays. Dry until vegetables are shriveled and leathery, or brittle for longer storage.



3. Cool 30 minutes, or until no longer warm. Remove from drying trays. Store in an airtight container in a cool, dry place.

#### Dehydrators

- Reduce the best quality product as compared to other methods of drying.
- Most food dehydrators have an electric element for heat and a fan and vents for air circulation.

Efficient dehydrators are designed to dry foods uniformly and to retain food quality



Fig1.1 Dehydrators

#### Oven drying

- An oven takes 2 to 3 times longer to dry food than a dehydrator. Drying in an oven is slower because ovens do not have built-in fans for the air movement.
- The oven uses a great deal more energy than a dehydrator.

#### **To use your oven for drying:**

- Check the oven dial to see if it has a reading as low as 140 F or use the 'keep warm' setting. If the thermostat does not go this low, your food will cook instead of dry.
- An oven thermometer placed near the food gives an accurate reading of the drying temperature.
- Leave the oven door propped open 2-4 inches and place a fan near the outside of the oven door to improve air circulation.

#### **Sun drying**



- Sun-drying is not recommended in Minnesota due to our high humidity and cool night temperatures.
- Foods dried in the sun can take 3-4 days to dry; if the humidity is high, as is generally the case in Minnesota, the food will mold before it dries.
- Sun-drying requires constant exposure to direct sunlight during the day and a relative humidity of less than 20%. These conditions are found only in areas like the Sacramento Valley of California or in Arizona.

#### Air drying

- Air drying differs from sun-drying, since it takes place indoors in a well-ventilated attic, room or screened-in porch.
- Herbs, hot peppers and mushrooms are the most common air-dried items.
- Herbs and peppers are not pretreated, but simply strung on a string or tied in bundles and suspended until dry.
- Enclose them in paper bags to protect them from dust or other pollutants.

#### Microwave drying

- Is a quick way to dry small quantities of herbs and some leaf vegetables, but it is not successful for most other foods.
- Food which has been microwave dried often tastes overcooked rather than dried.

#### To dry small quantities of herbs:

- Place no more than 4 or 5 herb branches between two paper towels and microwave for 2-3 minutes.
- Remove the herbs. When cool, check to see if they are dry and brittle. If not, repeat drying for 30-second intervals until dry.

## **2.4 Process for dried fruits and vegetables**

### Stage In Process



**1. Inspect:** Remove mouldy, rotten, and badly damaged fruit. Also remove all visible foreign material (physical contaminants): leaves, stems, stalks, sticks and stones. Poor quality raw materials produce poor quality, and perhaps unsafe, finished products.

**2. Wash- Sort/grade- Peel** Use wash tanks or special washers with clean, potable water to remove surface contaminants, e.g., pesticide residues, insects, soil or dirt, etc.

By hand select fruits with the same colour, size or maturity (fully mature but not over-ripe). Uniform size and maturity are important to get uniform drying times for all pieces. Over-ripe fruits are easily damaged and difficult to dry. Under-ripe fruits have poorer flavor, colour and appearance.

Peel prevents moisture leaving the food and allows faster blanching, sulphur dioxide treatment and drying. Peel by hand using knives or peelers, or using small peeling machines. Check that all traces of peel are removed.

**3. Cut/slice/core- Blanch:** Depending on the type of fruit/vegetable, cut by hand using sharp stainless steel knives, corers etc. or using choppers, cutters, slicing or dicing machines. Check for uniform sized pieces.

For vegetables using a boiling pan, heater, wire basket or steamer. Check water temperature, time of heating and concentration of any salts added. Care is needed to prevent re-contamination of blanched foods before drying.

**4. Acid dip:** Can be used to prevent browning of light colored fruits and vegetables. It involves dipping fruit in 2% citric acid, lemon or lime juice for 5-10 minutes. Equipment required includes weighing scales or scoops and food-grade plastic tank.

**5. Treatment with sulphur dioxide:** Optional for some fruits and vegetables, using either a sulphuring cabinet or a food-grade plastic tank for a sulphite dip. Other equipment includes weighing scales or scoops. Check weight of sulphur or concentration of sulphite and time of exposure.

**6. Dry- Pack- Label- Store:** The time needed for drying depends on the temperature, humidity and speed of the air, the type of dryer and the size of the food pieces. Check for mould growth, insect contamination and the temperature and time of drying. Pack1 Using an electric heat sealer to produce moisture-proof, airtight plastic bags. Check fill-weight and seal. Label Check that label is correct for type of product.





Store in a cool dry place away from sunlight. Protect fragile foods from crushing.

#### Pasteurization

If food was dried outdoors, which is not recommended in the Ohio climate, there could be eggs on the food from insects that touched the food during drying. To pasteurize and kill the eggs post-drying, either place food in a freezer bag and freeze for 48 hours or heat the dried food at 150°F for 30 minutes or 175°F for 15 minutes. Be careful not to scorch the food.

#### Conditioning

After drying or pasteurizing, conditioning of dried foods is the last step before final storage.

For fruit, place the cooled product in a tightly sealed glass jar, shaking daily for 7–10 days. If condensation develops, return to the dehydrator for more drying. Package dried food for long-term storage after conditioning for 10 days. Remember to keep food with high vitamin A or C out of direct sunlight during storage.

### **3.1 Equipment Needed for Drying**

To be certain of the final quality and consistent drying of foods, a dehydrator is recommended, especially with unpredictable Ohio weather. Sharp knives and a food processor or blender will also make the drying task easier.

Many guidelines call for blanching, steaming or pretreating foods. Equipment for these processes includes a deep kettle with a lid and a wire basket, a colander, or an open mesh cloth bag to hold produce. A nonmetal bowl is best for pretreating fruits and vegetables to prevent discoloring.



Fig1.2: Industrial freezer dryer.

## 2.5. Choice of drying Materials:

The materials used for the construction of the drier are easily maintained and repaired, and can be obtained locally at cheaper costs. The physical and chemical properties of the materials are strong enough to withstand heat, vibration, humid air, fatigue and stress without failure during operation. These include

**Plywood:** This was chosen for the body of the cabinet because it is a poor conductor of heat. Hence, heat loss from the cabinet will be greatly minimized.

**Sheet metal (Aluminum):** It was chosen because of its high resistance to corrosion. The inside of the cabinet is lined with the sheet in order to reflect heat back to the cabinet and also prevent decaying of the wood due to humid air.

**Galvanized Sheet Metal:** This was chosen because of its toughness and ability to conduct and radiate heat. It was used for fabricating the heat exchanger.

**Mild Steel:** It has great strength and can be easily welded. It was used for the frame. e)

**Wire Mesh:** It was used for building the trays. This is due to its ability to resist corrosion and allow air to pass through it.

**Burnt Bricks:** This was chosen because it is a poor conductor of heat. It was used to build the wall of the heating unit



Fig3 Industrial fruit dryer



<b>Self-Check #1</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: write short answer/s (12 points)**

1. What are the uses of Blanching in drying operation?
2. define The Preparation for Vegetables drying
3. Define Conditioning of fruit and vegetable drying?

**Note: Satisfactory rating –12 points**

**Unsatisfactory - below -12 points**



## Information Sheet #2 - Monitoring control points

### 1.1 definitions

Monitoring is the process that the operator relies upon to maintain control at a Critical Control Points (CCP). Accurate monitoring indicates when there is a loss of control at a CCP and a deviation from a critical limit. When a critical limit is compromised, a corrective action is needed. The extent of the problem needing correction can be determined by reviewing the monitoring records and finding the last recorded value that meets the critical limit.

Monitoring also provides a record that products were produced in compliance with the “Hazard Analysis Critical Control Point (HACCP) plan. This information is useful in the verification of the HACCP plan as discussed in Principle 7.

#### What will be monitored?

Monitoring may mean measuring a characteristic of the product or of the process to determine compliance with a critical limit. Monitoring may also involve observing if a control measure at a CCP is being performed.

- Measurement of cold-storage compartment temperature when critical for temperature-sensitive ingredients.
- Measurement of the pH of an acidifying ingredient when critical for the production of an acidified food.
- Measurement of line speed when critical to adequate cooking or chilling processes

### 1.2 How Critical Limits and Control Measures will be monitored

Monitoring must be designed to provide rapid (real-time) results. There is no time for lengthy analytical testing because critical limit failures must be detected quickly and an appropriate corrective action instituted before distribution.



Physical and chemical measurements are preferred monitoring methods because testing can be done rapidly. Physical and chemical measurements (e.g., pH, time, temperature) can often be related to the microbiological control as illustrated by the fried-fish example in Principle 3. Examples of physical- and chemical-measurement monitoring at a CCP follow:

### **OBJECTIVES AND PRINCIPLES OF HACCP**

HACCP is meant to assure the production and distribution of safe food by identifying and controlling process steps that are critical in elimination of food safety hazards or reducing the effect of these hazards to safe levels. HACCP applies a systematic approach in the identification, evaluation and determination of appropriate control measure in food manufacturing (NACMCF, 1998). Codex prescribes seven (7) principles in the implementation of HACCP. Thus unlike standards that promulgate requirements, HACCP is based on principles and therefore not prescriptive in its application and implementation. The seven principles are:

1. Hazard analysis
2. Identification of Critical Control Points (CCP)
3. Establishment of critical limits
4. Establishment of a monitoring procedure
5. Establishment of corrective actions
6. Establish a verification procedure
7. Establish a record keeping and documentation system

### **1.3 FACTORS THAT INFLUENCE DRYING**

The efficiency and effectiveness of fruit drying according to Swetman et al. 2011; Brennan, 2006 is influenced or affected by three basic factors. They are:

- Temperature of the drying air
- Velocity of the drying air
- Thickness of fruit slices



The first two factors are dependent on the air and structural design and engineering of the dryer whilst the last has to do with the product.

### **1.3.1 Effect of temperature**

The ideal temperature for fruit drying is between 50°C to 55°C (Mercer, 2012). It is further recommended that drying temperature for fruits should not exceed 60°C for two main reasons; loss of nutrients and case hardening. According to the author, most nutrients within fruits are destroyed at temperatures above 60 °C. It is therefore recommended that in order to preserve the nutrient value of the product, a temperature below 60 °C is ideal. Again, as drying temperature increases, cells on the surface of sliced fruits collapse, forcing the fruits to shrink on the surface (Mercer et al., 2008). This phenomenon is referred to as “case hardening” and has both safety and quality implication for dried fruits. In such instances, the rate of evaporation far exceeds the rate of water diffusion within the fruit slice. Thus even though the fruit may look and feel dried, more than enough moisture is still trapped within the centre of the slice. Water that has been trapped within the fruit eventually diffuses to the surface of the fruits. It condenses within the airspace of the primary packaging, forming water droplets. This reduces the quality of the product and also supports mold growth on the fruit (Mercer, 2012).

### **1.3.2 Effect of air velocity**

A good air current allows replacement of saturated air with unsaturated air on the surface of the product. This allows for continuous evaporation and hence satisfactory drying efficiency. In the absence of air current, an immobile saturated air forms a stagnant boundary layer. In practice therefore, the faster the air current, the better it is to prevent the formation of stagnant boundary layer and hence the better the efficiency of the drying process. An air speed of 0.2 to 0.5m/s is recommended (Swetman, et al., 2011).

### **1.3.3 Effect of thickness of fruit slices**

The thicknesses of the slice of fruits affect the rate of water movement from the core to the surface for evaporation. The thicker the slice, the longer it takes for water diffusion and hence the longer the drying time. It therefore, presumes that thinner fruits are



preferred as drying time is the most important factor. However, it is worth noting that the quality of the dried fruits should meet the market expectation. In this regard, too thin slices may result in such unacceptable end products. These may even be blown within the chamber during the drying process (Swetman et al., 2011; Mercer,2012).

Table1: quality controlling characteristic of fruit and vegetable

System	Objective	Activities	Applicability
Inspection	Product conformance by screening out conforming products from nonconforming products	Visual checks/measuring; then testing and reporting the results.	Generally, Production-related activities, such as checking incoming goods, in-process or final product, predispatch, etc
Quality control	Product Conformance by Eliminating causes of non-conforming products	Inspection followed by appraisal of results and feedback to the process being controlled	Generally, Production-related activities, such as checking incoming goods, in-process or final product, predispatch, etc
Quality assurance	Generating confidence in product conformance	Comprises all QC activities, plus documented quality systems and quality audits	All functions of the company from design to after-sales service





<b>Self-Check #2</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: write short answer/s (12 points)**

1. What are the benefits of Monitoring control points in drying operation?
2. define The Fundamentals of Food-Drying
3. Write factors that affect drying process?

**Note: Satisfactory rating –12 points**

**Unsatisfactory - below -12 points**



## Information Sheet #3 - Maintaining performance

### 1.1 Monitoring the Drying Process

An overview is given regarding the most recent use of non-destructive techniques during drying used to monitor quality changes in fruits and vegetables. Quality changes were commonly investigated in order to improve the sensory properties (i.e., appearance, texture, flavor and aroma), nutritive values, chemical constituents and mechanical properties of drying products. The application of single-point spectroscopy coupled with drying was discussed by virtue of its potentiality to improve the overall efficiency of the process. With a similar purpose, the implementation of a machine vision (MV) system used to inspect foods during drying was investigated; MV, indeed, can easily monitor physical changes (e.g., color, size, texture and shape) in fruits and vegetables during the drying process.

Hyper spectral imaging spectroscopy is a sophisticated technology since it is able to combine the advantages of spectroscopy and machine vision. As a consequence, its application to drying of fruits and vegetables was reviewed. Finally, attention was focused on the implementation of sensors in an on-line process based on the technologies mentioned above. This is a necessary step in order to turn the conventional dryer into a smart dryer, which is a more sustainable way to produce high quality dried fruits and vegetables

- 1) Operating parameters and air conditions highly influence the dryer performance and the energy required. Increase the air speed and/or temperature highly reduced the energy required and enhance the dryer efficiency. In other words, high reduction in the cost can be achieved.
- 2) The quality of the fruit in terms of variation in moisture content is highly controlled by the dryer system temperature. However, high temperature could damage the fruit which



worsens the quality. Therefore, the air temperature plays the main role in controlling the quality of the fruit. Control of the humidity in the dryer improved efficiency of the dryer by only venting the system as much as is required to maintain the conditions within the dryer.

**3)** Controlling the humidity in the dryer reduces the cost of operation. Moreover, improving the efficiency in terms of energy and time reduces the costs of the process.

**4)** Using the new model to simulate the drying system can lead to low energy consumption, high quality of products and low cost of the process. It is highly recommended to simulate the dryer before conducting laboratory experiments and/or commercializing the products.

**5)** The new model can be adopted with other dryer systems such as solar or hybrid drying systems. Major quality parameters associated with dried food products are the color, visual appeal, shape of product, flavor, microbial load, retention of nutrients, porosity bulk density, texture, rehydration properties, water activity and chemical stability, preservatives, and freedom from pests, insects and other contaminants, as well as freedom from taints and off-odors.. Therefore, quality of dried food products depends on many factors, such as raw materials, processing environment, packaging, microbial stability, use of additives, and temperature of storage.

## 1.2 Fruit Dryer Machine Working Principle:

The working principle of heat pump drying machine: utilize refrigerant compression through the compressor to form the high temperature and high pressure gas. The gas went into the condenser to release heat, the heat will be sent into the chamber by the circulating fan , to heat the air in the chamber(The maximum air temperature up to 75 °C). Then the air temperature rises, the moisture in the drying material will gradually evaporate, and then exhaust of the moisture by the fresh air dehumidification system, to achieve the drying effect.

## 1.3 Fruit dryer machine features:

The dryer machine can be used to dry variety of fruits such as mango, strawberry, pineapple, plum, apricot, apple, banana, etc.



1. The drying parameters are easy to control and wide adjustable range, the temperature adjustment range is  $-20$  to  $100^{\circ}\text{C}$  (with auxiliary heating device), and the relative humidity adjustment range is 15% to 80%.
2. Easy to operation, the heat recovery efficiency is as high as 60% or more.
3. Efficient heat recovery, the heat recovery efficiency is as high as 60% or more.



<b>Self-Check #3</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: Choose the best answer (5 point)**

1/ which one of the following affects drying equipment performance?

- A/ Operating** parameters and air conditions
- B/** The quality of the fruit
- C/** controlling the humidity in the dryer
- D/ All**      **E/ All**

**Note: Satisfactory rating –5 points**

**Unsatisfactory - below -5 points**



## Information Sheet #4 - Drying product

### 1.1 Introduction

Drying is one of the most energy-consuming, being nonlinear in the changes in water content, unit operations in postharvest processing, and it has been used since ancient times. Drying is a complex operation that involves removal of moisture.

During drying, two processes occur simultaneously.

- (1) Transfer of energy, mostly as heat, generally from the surrounding environment and/or an energy source to the wet solid;
- (2) Transfer of mass, as moisture, from inside of the solid to the surface and its subsequent evaporation due to the process described in Point 1.

The aim of food drying is the reduction of the amount of free-water to slow down deteriorative processes, which are principally caused by microbial growth, chemical reaction and/or enzymatic activity.

**Fruits and vegetables** are particularly susceptible to deteriorative processes, since their initial water content range is from 74–90%, and then, water activity allows microbial growth ( $>0.60$ ). Drying, then, can positively affect fruits' and vegetables' shelf-life. Furthermore, it can reduce the cost of storage and transport, due to the loss of the original shape and weight. However, despite these advantages, the process may cause damage and severe changes in the physicochemical and organoleptic properties of the products. Indeed, there are changes in flavor, color, shrinkage and with no adequate control, oxidation of fat and degradation of nutritional compounds.

### 1.2 Fundamentals of Food-Drying

In the optimization of the drying process, many parameters are considered, in order to reach the following objectives: an increase of foodstuff stability, a reduction of storage and transport costs, energy savings and, of course, a high-quality product [30]. The total



cost of a drying process and the quality of the final foodstuff often are competing parameters, especially for low cost processed food. The main aspects in terms of energy and quality for fruits and vegetables are discussed below.

### **1.2.1 Quality Aspect in Drying**

During drying of fruits and vegetables, many physicochemical changes occur, such as: changes in color due to enzymatic or non-enzymatic browning reactions, changes in texture and shrinkage and loss and/or degradation of nutritional compounds (e.g., ascorbic acid, carotenoids, phenolic compounds and the like)

### **1.2.2 Nutritional Quality Changes**

The nutritional quality of fruits and vegetables depends on their chemical composition, which shows a wide range of variation depending on the species, cultivar and maturity stage. Heat processing, moreover, leads to the degradation and/or isomerization of most of the chemical compounds. Due to the complexity of the matrices, some chemical compounds are chosen as markers of nutritional quality [32]. For fruit and vegetables, ascorbic acid, carotenoids, vitamin E and phenolic content are generally used as markers.

## **2.1 Leathers from Fresh Fruit**

Select ripe or slightly overripe fruit. Wash fresh fruit or berries in cool water. Remove peel, seeds and stem. Cut fruit into chunks. Use 2 cups of fruit for each 13-inch by 15-inch fruit leather. Puree fruit until smooth. To prevent darkening, add 2 teaspoons of lemon juice or  $\frac{1}{8}$  teaspoon ascorbic acid (375 milligrams) for each 2 cups of light-colored fruit.

If you choose to sweeten the leather, add corn syrup, honey or sugar. Corn syrup or honey is best for longer storage because they do not crystallize. Sugar is fine for immediate use or short-time storage. Use  $\frac{1}{4}$  to  $\frac{1}{2}$  cup sugar, corn syrup or honey for each 2 cups of fruit. Saccharin-based sweeteners could also be used to reduce tartness without adding calories. Aspartame sweeteners might lose sweetness during drying

### **2.1.1 Pouring the Leather.**



Fruit leathers can be poured into a single large sheet (13-inch by 15-inch) or into several smaller size pieces. Spread purée evenly, about  $\frac{1}{8}$ -inch thick, onto drying tray. Avoid pouring purée too close to the edge of the cookie sheet. Larger fruit leathers take longer to dry. Approximate drying times are 6 to 8 hours in a dehydrator or up to 18 hours in an oven.

### **2.1.2 Drying the Leather**

Dry fruit leathers at 140°F. Leather dries from the outside edge toward the center. Test for dryness by touching center of leather; no indentation should be evident. While warm, peel leather from plastic and roll. Then, allow the leather to cool and rewrap the roll in plastic.

Chances are, the fruit leather won't last long enough for storage. If it does, it will keep up to 1 month at room temperature. For storage up to 1 year, place tightly wrapped rolls in the freezer.

### **3.1. Test for Dryness**

Dried fruits are generally done when they reach about 20 percent moisture content. Because fruit will be more pliable when warm, cool several pieces and test by folding the fruit upon itself; it should not stick together. Berries should rattle when stored in a container. When drying is complete, cool the fruit before storing, but don't leave out to gather additional moisture from the air. The product is then ready to be conditioned.

Dried vegetables should be crisp when dried and should "snap" when broken in two. At this stage of moisture, no conditioning is needed.





Fig7 moisture analyzer meter

#### **Procedure: - moisture analyzer meter**

- Set test parameters in accordance with instruction below and the displayed prompts.
- Enter ADJUSTMENT menu and start procedure.
- Enter: - testing temperature - permissible error - serial number of the temperature adjustment set
- Upon confirmation of serial number START message is displayed. Press key to confirm. The drying process starts and continues until specified temperature is reached. Time and sensor temperature information is displayed
- The temperature is maintained for 8 minutes (like for temperature adjustment procedure). After 8 minutes you shall see a window for entering temperature read from the installed adjustment set. Press to confirm.

#### **3.1. determination of moisture content.**



**PRINCIPLE** Heating and drying of a test portion of dried fruit at a temperature of 70 °C  $\pm$  1 °C under a pressure not exceeding 13 kPa (100 mm Hg).

**APPARATUS:** Usual laboratory equipment and, in particular, the following:

1. Electric Oven: Capable of being maintained at 70 °C  $\pm$  1 °C at a pressure of 13 kPa (100 mm/Hg)
2. Dish: Of corrosion-resistant metal, of diameter about 8.5 cm, with tight-fitting lid.
3. Fruit Chopper — Made of a material which does not absorb moisture.
4. Desiccator — Containing an effective desiccant.
5. Steam Bath
6. Sand(fruit powder)
7. Analytical Balance — Capable of an accuracy of  $\pm$  0.01 g.

### 3.2 PREPARATION OF TEST SAMPLE

Take approximately 50 g of dried mango and pass it through the fruit chopper three times, mixing thoroughly after each grinding. Keep it in a completely filled, airtight, closed container to prevent absorption of water.

**PROCEDURE NOTE:** If it is required to check whether the repeatability requirement is met, carry out two determinations in accordance with to under repeatability conditions.

**1. Preparation of Dish and Lid** .Add about 2 g of the sand to the dish and dry, with the lid, for 2 h in the oven set at 70 °C. Leave to cool to room temperature in the desiccator and weigh to the nearest 0.01 g. Repeat the same drying procedure until a constant weight is achieved.

**2. Test Portion.** Weigh, to the nearest 0.02 g, about 5 g of the test sample and spread this test portion as evenly as possible over the bottom of the dish containing the sand.

**3. Determination.** Moisten the portion and the sand thoroughly with a few milliliters of hot water. Mix the test portion and sand with a spatula. Wash the sample residue on the spatula into the dish with the minimum volume of hot water. Heat the open dish on the steam bath to evaporate the water to dryness. Then put the dish, with the lid alongside, in the oven set at 70 °C and continue drying for 6 h under a pressure not exceeding 13



kPa (100 mm/Hg). Do not open the oven during this period. During drying, admit to the oven a slow current of air (about 2 bubbles per second) dried by passing through sulphuric acid. The metal dish shall be placed in direct contact with the metal shelf of the oven. After drying, remove the dish, cover it immediately with its lid and place it in the desiccator. After cooling to room temperature, weigh it, still covered, to the nearest 0.02 g.

#### 4. Calculation

The moisture content, expressed as a percentage by mass, of the test portion is equal to

$$\% \text{ moisture content} = \frac{(m_1 - m_2)}{m_0 - m_2} \times 100$$

#### Where:

**m<sub>0</sub>** = the mass, in g, of the dish with its lid and the sand;

**m<sub>1</sub>** = the mass, in g, of the dish with its lid and the sand with the test portion before moistening and oven-drying;

**m<sub>2</sub>** = the mass, in g, of the dish with its lid and the sand with the test portion after oven-drying. Give the result to one decimal place



<b>Self-Check #4</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: Short Answer Questions.**

- 1/ Write down all Tests for Dryness?
- 2/ Write down procedure use for dryness test

**Note: Satisfactory rating –10 points**

**Unsatisfactory - below -10 points**



## Information Sheet 5- Monitoring drying equipment

### 1.1 The Four Principles of Drying

**1. Removal of standing water.** The most efficient way to remove water in a building is to physically vacuum it. This is normally accomplished by using a powerful carpet cleaning machine. If carpet and pad are involved, there are several devices that are available that will utilize the weight of the technician to compress the pad to allow for the maximum removal of water.

**2. Evaporation through air movement.** After a water loss, drywall, wood framing and subfloors are typically saturated with water. This water can only be removed through evaporation. This is normally accomplished using industrial air movers that move thousands of cubic feet of air per minute. (The Walmart box fan does not begin to be able to accomplish this task.) A 10' x 10' room that has been completely affected by a water loss will normally require 4 industrial air movers to adequately dry the room.

**3. Dehumidification.** Charleston is very humid. Fill your home with water and it becomes even more so. It is extraordinarily difficult to evaporate water when the air is already full of water. Dehumidifiers pull moisture out of the air, put it in a liquid state and remove it from your structure.

**4. Temperature Control.** This is the most complex of the drying principles. All drying equipment works best at specific temperatures. Most dehumidifiers work best between 80 and 90 degrees. Some materials will dry more quickly when the surface temperature is 90 degrees or higher.

#### Function Checking

The particular function for which a piece of equipment is intended largely determines the general type of equipment employed. For example:

- Material handling equipment includes conveyors and tube systems
- Preparation equipment includes sterilizers or wash systems



- Heat processing equipment includes ovens and fryers
- Preservation equipment includes freezers and dehydrators
- Product distribution equipment includes wrapping and palletizing systems

A novel dynamic pressure rise method is developed as a remote sensing procedure for determining at different times during the primary drying stage of the freeze drying process

- (i) the temperature of the moving interface between the dried and frozen layers of the product,
- (ii) temperature close to the upper surface of the dried layer of the product,
- (iii) the temperature of the bottom surface of the frozen layer of the product, and
- (iv) the temperature profile of the frozen layer of the product. Furthermore, by knowing the temperature of the heating plate and determining the value of the temperature of the moving interface from the dynamic pressure rise method, the value of the position of the moving interface could be determined by an expression presented in this work

A systematic approach is developed for investigation of spray drying processes for chemical and biological systems. The approach involves an in-depth study of atomizer performance, spray dryer parametric sensitivity, spray-dried powder properties, thermal inactivation and post-drying properties. The approach helps considerably in rational design of spray drying experiments and in investigation and optimization of various process aspects of spray drying of chemical and biological systems, leading to large savings in labor, cost and time.

Spray drying technique has been widely used for drying heat-sensitive foods, pharmaceuticals, and other substances, because of the solvent rapid evaporation from the droplets, although most often considered a dehydration process, spray drying can also be used as an encapsulation method when it entraps 'active' material within a protective matrix, which is essentially inert to the material being encapsulated. Compared to the other conventional microencapsulation techniques, it offers the attractive advantage of producing microcapsules in a relatively simple continuous processing operation.





<b>Self-Check #5</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: Short Answer Questions.**

1/ Write down Principles of Drying

**Note: Satisfactory rating –5 points**

**Unsatisfactory - below -5 points**





## Information Sheet 6- Identify and report out-of-specification

### 1.1 Out of specification out comes

The term out of specifications, are defined as those results of in process or finished product testing, which falling out of specified limits. The out of specifications (OOS), may arise due to deviations in product manufacturing process, errors in testing procedure, or due to malfunctioning of analytical equipment. When an out of specifications (OOS) has arrived, a root cause analysis has to be performed to investigate the cause for OOS. The reasons for OOS can be classified as assignable and non-assignable. When the limits are not in specified limits called out of specifications. That are temperatures, moisture content, air flow, time/speed and Pressure/vacuum .

When OOS has occurred, the analyst should inform to quality control (QC) manager. Each out of specification will be identified with a unique identification number.

Quality control professionals typically classify quality defects into three main categories: **minor**, **major** and **critical**. The nature and severity of a defect determines in which of the three categories it belongs.

**Minor defects** are usually small, insignificant issues that **don't affect the function or form of the item**. In most cases, the customer wouldn't even notice a minor defect on a product. And the customer wouldn't likely return an item due to a minor defect alone

**Major defects** are more serious than minor defects. A product with a major defect departs significantly from the buyer's product specifications. Major defects are those which could adversely **affect the function, performance or appearance** of a product.

**Critical defects** are the most serious of the three defect types. Critical defects render an item completely unusable and/or could cause harm to the user or someone in the vicinity of the product. Tell your inspector if they've classified a defect in a different category than you consider appropriate.



<b>Self-Check #6</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: Short Answer Questions.**

1. Write down the types of quality defects? (5 point)

**Note: Satisfactory rating –5 points**

**Unsatisfactory - below -5 points**



## Information Sheet 7- Monitoring and clearing waste

### 1.1 Introduction

The fruit and vegetable industry typically generates large volumes of effluents and solid waste. The effluents contain high organic loads, cleansing and blanching agents, salt, and suspended solids such as fibers and soil particles. They may also contain pesticide residues washed from the raw materials. The main solid wastes are organic materials, including discarded fruits and vegetables. Odor problems can occur with poor management of solid wastes and effluents; when onions are processed; and when ready-to-serve meals are prepared.

### 1.2 Washing and Sanitizing Drying Trays & Equipment

**PURPOSE:** To prevent food borne illness by ensuring that all trays used for drying are properly cleaned and sanitized.

**SCOPE:** This procedure applies to employees involved in production, packaging, as well as those responsible for cleaning, washing and sanitizing drying trays and equipment.

#### **INSTRUCTIONS:**

Train production, packaging and other employees on using the procedures in this SOP. Follow manufacturer's instructions regarding the use and maintenance of equipment and use of detergents for cleaning and sanitizing drying trays and equipment.

Wash, rinse, and sanitize trays: After each use

Any time contamination occurs or is suspected

#### **Wash, rinse, and sanitize drying trays using the following procedure:**

1. Wash with soapy water and designated sponge.
2. Use designated sponge to wash off any fruit particles stuck to the tray.
3. Do not scratch tray with knife or any sharp object
4. Rinse with clean water till no trace of soap/detergent is present.
5. Clean and sanitize dryers:



6. Use designated napkins in cleaning dryers
7. Clean all inside surfaces of dryer
8. Ensure that dried fruit particles are completely removed. Do not scratch with knife or any sharp object.
9. Clean outer surface of dryer with napkin and clean water

### **1.2.1 Work Areas Housekeeping**

Ensure that equipment and materials are placed carefully to avoid causing a fall or "striking against" accident. Clean up after every job. All spilt oil, grease or liquid must be cleaned up immediately. The closure of individual Work Permits must check for cleanliness and equipment/lose items removing. Keep all machine motors and exhausts unobstructed. Clear work areas after each job and at the end of the day. Do not allow buildup of dusts and sand on structures, cable trays, shelves, ledges, or lockers. Ensure that any place in lay down is safe and healthy and its surface shall be even and smooth and free from obstacle. Proper and easy means of access and egress shall be provided due to reach the good housekeeping state in lay down. A land of lay down that equipment's place there, shall be had good conditions concerning firmly and be in stable manner. Keep the lay down area safe and clean and place compatible equipment's together. Adequate tools for handling of equipment's and stacking shall be provided until employees able to arrange any equipment safely and correctly. Equipment's shall be placed with proper horizontal distance in proper height. Regard to special housekeeping and cleanup of spillages in lay down is necessary for preventing from falling equipment's causing an accident. Ensure that all employees who perform any handling and maintenance activity have proper personal protective equipment's

### **1.2.2 Workshop Housekeeping**

Workshop should be kept neat and tidy. Good housekeeping can significantly reduce the risk of an accident and injury, failure to maintain a clean and tidy Workshop can result in accident and injury. Work areas and equipment are to be thoroughly cleaned after use. Benches are to be kept clean and free from chemicals and apparatus that are



not being used. Aisles and exits are to be kept free from obstructions. All walkways, work stations, access to emergency equipment and exits shall be free from obstruction at all times. Liquid spills shall be cleaned up immediately. Heaps or stacks of equipment shall be stable and shall not obstruct lines of view necessary for supervision of shop users. Wood and metal dusts shall be collected at the end of each operation. Dry sweeping is not recommended and the use of air hoses is not permitted. Flammable and combustible materials shall not be allowed to accumulate in open areas of the workshop.

### **Material Storage**

Remove empty cartons, wrappings and other flammable waste as soon as possible. In the same storage area do not store substances which may react with each other to produce heat or an explosion. Make sure gas cylinders and containers cannot fall. Ensure boxes, sacks, barrels, or other objects are stacked correctly, using chocks and lashings where necessary. Do not store in access ways. Do not manually lift heavy items above chest level. Store heavier articles on lower shelves. Make sure that gas cylinder are kept in upright position and are secured from falling at all times.

Reductions in wastewater volumes of up to 95% have been reported through implementation of good practices. Where possible, measures such as the following should be adopted:

- Procure clean raw fruit and vegetables, thus reducing the concentration of dirt and organics (including pesticides) in the effluent.
- Use dry methods such as vibration or air jets to clean raw fruit and vegetables. Dry peeling methods reduce the effluent volume (by up to 35%) and pollutant concentration (organic load reduced by up to 25%).
- Separate and recirculate process wastewaters.
- Use countercurrent systems where washing is necessary.
- Use steam instead of hot water to reduce the quantity of wastewater going for treatment (taking into consideration, however, the tradeoff with increased use of energy).



- Minimize the use of water for cleaning floors and machines.
- Remove solid wastes without the use of water.
- Reuse concentrated wastewaters and solid wastes for production of by-products.



<b>Self-Check #7</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: Short Answer Questions.(4 point)**

1. List out Wash, rinse, and sanitize drying trays using procedure

Note: Satisfactory rating – 4 points

Unsatisfactory - below -4 points

**Operation sheet 1– Drying product**

**Operation sheet 1: Procedures for- drying Leather Fresh Fruit product**



**Step1-** wears personal protective equipment

**Step2-** Select ripe or slightly overripe fruit.

**Step3-** Wash fresh fruit or berries in cool water.

**Step4-** Remove peel, seeds and stem.

**Step5- Cut** fruit into chunks.

**Step6-**Use 2 cups of fruit for each 13" x 15" inch fruit leather.

**Step7-** .Purée fruit until smooth.

**Step8-**Add 2 teaspoons of lemon juice or 1/8 teaspoon ascorbic acid (375 mg) for each 2 cups of light colored fruit to prevent darkening.

**Step9-:** To sweeten, add corn syrup, honey or sugar. Corn syrup or honey is best for longer storage because it prevents crystals. Sugar is fine for immediate use or short storage. Use 1/4 to 1/2 cup sugar, corn syrup or honey for each 2 cups of fruit.

**Step10-** dry fruit leather at 140° F

**Operation sheet 2– Procedures for- drying vegetables**

**Operation sheet 2: Procedures for- drying vegetables**





**Step1-** wears personal protective equipment

**Step2-** Wash vegetables. Remove mouldy, rotten, and badly damaged part

**Step3-** Cut in serving-size pieces and steam-blanch.

**Step4-**Spread on towel-lined trays to remove excess moisture.

**Step5-**Preheat an oven or food dehydrator to 130°F to 140°F.

**Step6-**Place vegetables on drying trays.

**Step7-**Dry until vegetables are shriveled and leathery, or brittle for longer storage.

**Step8-**Cool 30 minutes, or until no longer warm and remove from drying trays.

**Step9-**Store in an airtight container in a cool, dry place.



## Operation Sheet 3- Testing for Dryness

### PROCEDURE for: Testing and determination of moisture content

APPARATUS: Used.

1. Electric Oven, dicing machine, Thermometer.
2. Dish -diameter about 8.5 cm, with tight-fitting lid.
3. Fruit Chopper/ cutter, slicer, Sand.
4. Desiccator, Steam Bath
5. Analytical Balance accuracy of  $\pm 0.01$

**Step1-** wears personal protective equipment

**Step2-** Prepare Dish and Lid for test

**Step3-** Add about 2 g of the sand to the dish and dry, with the lid, for 2 h in the oven set at 70 °C.

**Step4-**Leave to cool to room temperature in the desiccator.

**Step5- Prepare test portion** — Weigh, to the nearest 0.02 g, about 5 g of the test sample and spread this test portion as evenly as possible over the bottom of the dish containing the sand .

**Step4-** Determine and calculate the moisture content in percent



## Operation Sheet 4- Monitoring and clearing waste

### Procedures for - Monitoring and clearing waste

**Step1-** wears personal protective equipment

**Step2-** Wash with soapy water and designated sponge.

**Step3-**Use designated sponge to wash off any fruit particles stuck to the tray.

**Step4-**Do not scratches tray with knife or any sharp object

**Step5-**Rinse with clean water till no trace of soap/detergent is present.

**Step6-** Store in designated area till next use.

**Step7-**Clean and sanitize dryers

**Step8-**Clean all inside surfaces of dryer

**Step9-**Ensure those dried fruit particles are completely removed. Do not scratch with knife or any sharp object

**Step10-**Clean outer surface of dryer with napkin and clean water



<b>LAP TEST</b>	<b>Performance Test</b>
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Name..... ID..... date.....

Time started: \_\_\_\_\_ Time finished: \_\_\_\_\_

**Instructions:** Given necessary templates, tools and materials you are required to perform the following tasks within **3** hour. The project is expected from each student to do it.

**Task-1-Dry product**

**Task-1.1: dry leather fresh fruit.**

**Task-1.2: dry vegetable**

**Task-2-test dryness**

**Task-2 – Wash, rinse, and sanitize drying trays**



LG #60

### LO #3- Shut down the drying process

#### Instruction sheet

This learning guide is developed to provide you the necessary information regarding the following content coverage and topics:

- Shutting down drying process
- Collecting, treating and disposing or recycling waste
- Recording workplace information

This guide will also assist you to attain the learning outcomes stated in the cover page.

Specifically, upon completion of this learning guide, **you will be able to:**

- Shut down drying process.
- Collect, treat and dispose or recycle waste.
- Record workplace information.

#### Learning Instructions:

1. Read the specific objectives of this Learning Guide.
2. Follow the instructions described below.
3. Read the information written in the “Information Sheets”. Try to understand what are being discussed. Ask your trainer for assistance if you have hard time understanding them.
4. Accomplish the “Self-checks” which are placed following all information sheets.
5. Ask from your trainer the key to correction (key answers) or you can request your trainer to correct your work. (You are to get the key answer only after you finished answering the Self-checks).
6. If you earned a satisfactory evaluation proceed to “Operation sheets
7. Perform “the Learning activity performance test” which is placed following “Operation sheets” ,
8. If your performance is satisfactory proceed to the next learning guide,
9. If your performance is unsatisfactory, see your trainer for further instructions or go back to “Operation sheets” .



## Information Sheet 1- Shutting down drying process

### 1.1 Introduction

The Standard Operating Procedures for each type of equipment must be adhered to when shutting a unit down.

1. Scheduled shutdown.
2. Maintenance shutdown.
3. Emergency shutdown.
4. Shutting down to a standby condition.

### 1.2 Emergency shutdown

An emergency shutdown is initiated in the event of a fire, major spill, instrument failure, power failure, or total loss of control of chemical or physical processes.

Emergency shutdown procedures must be followed during a shutdown sequence.

#### Trips

Shutdown of a unit can be initiated by the automatic shutdown system. The systems may be shut down automatically because of temperatures, fluid levels, pressures or flows that are above or below trip points.

Typical shutdowns initiated by trips may include:

- low liquid level in a vessel
- high liquid level in a storage tank
- high viscosity causing increased load on pumping or mixing equipment
- mixer failure
- pressure too high
- temperature too high
- Low feed flows

### 1.3 Maintenance shutdown

When maintenance to the unit equipment is required, the equipment may need to be entered so that work can take place.



The shutdown should be a scheduled or planned shutdown as per Standard Operating Procedures where equipment is:

- isolated (process, mechanical and electrical)
- cooled and depressurized
- purged and gas freed
- cleaned
- Gas tested on a continuous basis prior to and during entry.

#### **1.4 Scheduled shutdown.**

A scheduled shutdown is initiated by the operator during normal operation of the unit when:

- maintenance is required
- Feed supply is low or exhausted.

The shutdown procedure will depend on the type of equipment and the process chemistry.

- Some steps taken in a unit shutdown may include:
- shutting off the feeds to stop processes and heat generation particularly if processes are exothermic (produce heat)
- recirculating feeds from supply tanks so they do not enter the unit
- shutting off heating or cooling to the unit or feed preheat system
- shutting off mixing and other mechanical operations
- cooling and flushing materials from the unit

#### **1.5 Shutting down to a standby condition**

When a unit is to be shut down for a short period of time for maintenance on auxiliary equipment, the unit is shut down to a standby condition.

A standby shutdown allows a quick startup of the unit after maintenance is completed in order to minimize lost production time and off spec material.

A typical standby condition may include:

- recirculating material upstream and downstream
- reduced heating or cooling (sufficient to maintain a safe process condition)



- slow-rolling compressors
- venting process gases to flare
- Diverting process streams to temporary storage.

## **2.0 Shut down drying process procedures.**

1. Turn off the liquid feed.
2. Run some water through the nozzle to clean it out.
3. Turn off the water feed, and then the air feed.
4. Shut down the burner and close the main gas shut-off valve.
5. Allow the electric blower to run until the equipment has cooled off.
6. Turn of the electric blower and open the drying chamber door to inspect. If the chamber requires cleaning turn on the electric blower and brush material into the chamber outlet. If the chamber requires washing, clean with water and open the liquid drain valve to evacuate the water.





<b>Self-Check #1</b>	Written Test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Use the Answer sheet provided in the next page.

**Test I: Short Answer Questions.( 10 point)**

1. Write Standard Operating Procedures for each type of equipment shutting down?
2. Define Maintenance shutdown?

**Test II: Choose the best answer (5 point)**

2. Shut down drying process procedures?
  - A/ Turn off the liquid feed.
  - B/ Run some water through the nozzle to clean it out.
  - C/ Turn off the water feed, and then the air feed.
  - D/ Shut down the burner and close the main gas shut-off valve.
  - E/ Allow the electric blower to run until the equipment has cooled off.

Note: Satisfactory rating – 10 points

Unsatisfactory - below -10 points



## Information Sheet 2- Collecting, treating and disposing or recycling waste

### 1.1 FRUIT WASTE MANAGEMENT

The aim of waste management is to achieve rational management of resources and minimize the amount of waste disposed into the environment. The main areas of waste management include prevention and decrease of waste formation, reutilization, recovery, waste selection, waste handling, waste transformation or destruction, waste placement, and storage.

### 1.2 Procedures for the Management of Fruit Processing Waste

Slurry treatment has two aims, decreasing the amount of slurry and slurry processing to develop the structure and composition that is suitable for placement. This latter can be performed by stabilization and disinfection. The decrease of slurry quantity practically means water removal, which is carried out by mechanical procedures or heat treatment or by the combination of both. Taking the general composition of slurry into consideration, it can be seen that 90% of the water content, which is pore water and capillary water, can be removed by thermal separation procedures.

The main steps of slurry treatment and placement are as follows:

- Slurry concentration;
- Slurry conditioning;
- Disinfection;
- Water removal;
- Aerobic stabilization;
- Anaerobic stabilization;
- Combustion;
- Final placement and waste deposition.

The goal of slurry concentration is the decrease of easily removable water content and thus the decrease of slurry quantity. The most frequently applied procedures are



gravitational and flotation-based slurry condensating devices, slurry centrifuges, and membrane separation techniques. Depending on the construction, the following dry matter levels can be achieved by different water removing procedures: gravitational condensation 4–5%, centrifuges 10–20%, and membrane separation 30–40%.

The aim of slurry conditioning is to decrease the water content, stabilize organic substances, and reduce the number of microorganisms. Physical conditioning can be performed by pasteurization, thermal conditioning, and washing. Washing means the elimination of colloid organic contaminants from the slurry, which are then driven back for biological cleaning.

**There are seven commonly used methods of managing fruit and vegetable waste**

1. Store the culled fruit and vegetables on-site in a pile or bermed area for a limited time
2. Return fruit and vegetable waste to the field on which it was grown
3. Feed fruit and vegetable waste to livestock
4. Give the fruit and vegetable culls to local food banks
5. Compost fruit and vegetable culls
6. Process fruit and vegetable culls to separate juice from pulp
7. Dispose of fruit and vegetable waste in a local Sub-Title D landfill.

**1. Process fruit and vegetable culls to separate juice from pulp.**

The method of separating the fruit and vegetable culls into juice and pulp is accomplished by using a press. Typical systems are screw presses that can effectively separate the juice from the pulp. After separation, each fraction has its benefits for different reasons and purposes. If the culls are of good food quality they can be used as juices in food applications based on available markets. The pulp can also potentially be used as a component of foods. For those culls that are not of human food quality, the separated pulp can be used as one component of compost or animal food. (If the pulp is used for animal feed, check with an animal scientist or veterinarian prior to feeding.)The pulp can also be used as a soil amendment or as



one component of a composting process. The juice can also be used as a feedstock for ethanol production or anaerobic digestion processes. For either process, there should be a market for the final products, ethanol or methane. A few pros and cons of separating juice from pulp are:

### **Advantages:**

- Low disposal cost
- Potential on-site processing
- Low transportation cost to processing site
- Fruit and vegetable juice will evaporate quicker if separated from pulp
- Pulp can be used in composting
- Less composting filler materials will be needed
- Pulp can be fed to animals
- Fruit and vegetable juice will be easier to transport and apply to the receiving field/pasture
- Fruit and vegetable juice can be a feedstock for ethanol or anaerobic digestion processes
- Fruit and vegetable juice is easier to store than whole fruit and vegetables.

### **Disadvantage:**

- A method of separating fruit and vegetable juice and pulp has to be in place
- Fruit and vegetable juice storage has to be in place
- A composting site and procedures have to be ready
- A tank is necessary for storing and transferring fruit and vegetable juice to the location to be used for the production of ethanol or anaerobic digestion.



<b>Self-Check – 2</b>	Written test
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Examples may be necessary to aid some explanations/answers.

**Test I: Choose the best answer ( 5 points)**

1. The main steps of slurry treatment and placement are

- A/ Slurry concentration;
- B/ Slurry conditioning;
- D/ Disinfection;
- E/ Water removal
- F/ Aerobic stabilization;
- G/ Anaerobic stabilization
- H/ All

1. Process fruit and vegetable culls to separate juice from pulp disadvantage:

- A/ Low disposal cost
- B/ potential on-site processing
- C/ Low transportation cost to processing site
- D/ Fruit and vegetable juice will evaporate quicker if separated from pulp
- E/ Fruit and vegetable juice storage has to be in place

**Note: Satisfactory rating –10 points**

**Unsatisfactory - below -10 points**



## Information Sheet 3- Recording workplace information

### Work place information related to maintaining food quality may include

- Standard Operating Procedures (SOPs),
- Specifications and production
- Quality specification
- Log sheets
- Basic data
- Standard forms
- Written and verbal instruction

**Production records.** Recipes Raw materials and ingredients received and suppliers  
Wastage % at different stages of the process Stock levels for each ingredient  
Production volumes and measurements Maintenance programs and schedules

**Quality assurance records.** Target amounts of ingredients and any changes made to recipe  
Measurements made at process control points Batch numbers and product code numbers  
Cleaning procedures and schedules

**What is an SOP?** Standard Operating Procedures (SOP) are also documents, and contain written step-by step instructions that laboratory staff should meticulously follow when performing a procedure. A laboratory will have many SOPs, one for each procedure conducted in the laboratory. It is a good idea to standardize the formats of SOPs so staff can easily recognize the flow of the information.



<b>Self-Check – 3</b>	<b>Written test</b>
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Name..... ID..... Date.....

**Directions:** Answer all the questions listed below. Examples may be necessary to aid some explanations/answers.

**Test I: Choose the best answer ( 6 points)**

2. Define the following **Work place information** terms (6 point)

- Standard Operating Procedures (SOPs),
- Specifications and production
- Quality specification
- Log sheets
- Basic data
- Standard forms
- Written and verbal instruction

**Test I: Short Answer Questions (4 point)**

1. What is Standard Operating Procedures (SOPs) ?

**Note: Satisfactory rating - 4 points**

**Unsatisfactory - below -4 points**



## Operation sheet 1–Shutting down drying process

### Procedures for Shutting down drying process

**Step1-** wears personal protective equipment

**Step2-** Turn off the liquid feed.

**Step3-** Run some water through the nozzle to clean it out.

**Step4-** Turn off the water feed, and then the air feed.

**Step5-** Shut down the burner and close the main gas shut-off valve.

**Step6-** Allow the electric blower to run until the equipment has cooled off.

**Step7-** Turn of the electric blower and open the drying chamber door to inspect. If the chamber requires cleaning turn on the electric blower and brush material into the chamber outlet. If the chamber requires washing,

**Step8-** clean with water and open the liquid drain valve to evacuate the water.





<b>LAP TEST</b>	<b>Performance Test</b>
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Name..... ID..... date.....

Time started: \_\_\_\_\_ Time finished: \_\_\_\_\_

**Instructions:** Given necessary templates, tools and materials you are required to perform the following tasks within **1** hour. The project is expected from each student to do it.

**Task-1 – Shut down drying process**



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